# Life Enrichment Centre



St John's Cathedral Life Enrichment Centre 聖約翰座堂生命啟進中心

Annex 21

With a passionate team comprising Cathedral Council members, clergy advisers and the Hong Kong Sheng Kung Hui Welfare Council, a new youth outreach ministry was born.

In the annual concert on 20th November 2018, St John's Cathedral Life Enrichment Centre (LEC) was established and found its home in the well-established and solid foundation of the renowned St John's Cathedral HIV Education Centre, which was set up in 1995 to respond to the AIDS pandemic. We give heartfelt gratitude to the Revd Desmond Cox (our recently retired Cathedral clergy and Chairman of the HIV Education Centre), the Board, staff and volunteers for their commitment and contributions for the last two decades. LEC will continue its HIV ministry as there is still a need in our community, but will also expand its ministry to many other equally important areas, as this report shows.

The LEC's Board, comprising members of the Cathedral Council, is led by the Chairperson Ms Julianne Doe. With guidance and support of the Board, the Centre not only aims to offer life education programmes for young people, but also to enrich the lives of our brothers and sisters as well as to extend its services to the Hong Kong community. LEC is grateful to have the Revd Franklin Lee as our Centre Chaplain, and Ms Kobe Tong (a professional social worker from the SKH Welfare Council) as the Centre's Service Supervisor, who gives inputs for LEC's service development.

## **Mentorship Programme For Youth**

One of the important projects after LEC's establishment is to run a mentorship programme for youth. It is a cooperative project between SKH schools and St John's Cathedral, with assistance from the Sheng Kung Hui Welfare Council. Our mission is to explore life values with young people, provide life mentorship opportunities, to uplift them with Christian love and care, and to inspire aspirations and confidence. Training has been running for 27 members of the Cathedral community who has signed up to join this programme. Besides, LEC has obtained the support from St Paul's Coeducational College, which

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> Elijah Fung, Centre Manager

is a partner school of the Programme.

## Life Education For School Youth

The Centre delivers regular life education talks and workshops on a spectrum of topics to school youth in Hong Kong. In 2018 alone, the Centre delivered 30 such talks to over 2,230 primary and secondary school students. Life education topics addressed include where does life come from, psychological and physiological changes in puberty, how to deal with stress, prevention of sexual harassment, how to develop self-confidence, prevention of drugs use, HIV/ AIDS, etc.

## The Sixth Peacemakers' Cultural Celebration

(10th -11th February 2018, Science Park, Shatin)

LEC ran a stall at the two-day event presented by the Centre for Peace & Global Development of UNESCO Hong Kong. The Celebration provided schools and community organisations with an opportunity to engage in Actions for Peace.

## Short Film Contest For Hong Kong & Macau Youth (2017-2018)

In January 2018, with the support of The Hong Kong Academy of Performing Arts (HKAPA), a short film production workshop was delivered at the Li Hall for those who were interested in joining the contest. We had received twenty-two short films featuring the theme 'stand up for HIV zero discrimination' created by 150 young people from Hong Kong and Macau. On 7th July 2018, over 200 guests attended the award

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ceremony held at the Salisbury, YMCA of Hong Kong. Then in August, a three-day short film exhibition was held at the SheungWan Civic Centre for the public. The contest was sponsored by the Cathedral Endowment Fund 2004 and Hop Yuen Charitable Foundation Fund, for which are grateful. Last but not least, we would also like to thank our co-organisers HKAPA, Rotary Club of Queensway and The Gabinete Coordinator dos Services Sociais Sheng Kung Hui Macau for their support.

## Embrace Peace 2018 (www.embracepeace.hk)

LEC was the Secretariat of the Embrace Peace 2018 which was a charity project co-organised by St John's Cathedral, All Saints' Cathedral and Holy Trinity Cathedral. The project aimed to promote peace around the world and create communal harmony through a genuine reconciliation between the faiths. It also raised funds for Awareness Foundation and St John's Cathedral. The project featured a charity walk 'Walk for Peace on Earth 2018' and a carnival for participants, followed by an entertainment programme consisted of performances, award presentations, and a catwalk show which demonstrated outstanding designs of 'Embrace Peace Hong Kong Inter-Secondary School T-shirt Pattern Design Competition 2018'.

## A Charity Concert of Inspiring Lives 2018

The annual charitable concert was held on 20th November. It gathered over 400 audiences from different backgrounds, and provided a great opportunity for the announcement of LEC's establishment. Over \$260,000 was raised to sustain LEC's projects in the year ahead. We would like to thank our performers, The Hong Kong Welsh Male Voice Choir, Miss Vicky Wong Doi Kei, Harmonicaplus, and The Hong Kong University Alumni Association Choir, donors and volunteers for their generosity and kind assistance.

## **Other Activities**

• After rendering almost 17 years of service, Ms Debby Lai resigned in August 2018. We would like to thank Debby for her valuable and committed contribution.

• In 2018, Natalie Tang and Cedric Leung joined our

staff team. They help the Centre Manager to implement the Centre's services and programmes.

• LEC had an information booth and ran a workshop to promote wellness and health at the Central & Western District 2018/2019 Health Festival from 2nd to 4th November in Sheung Wan.

• LEC was part of the Christmas Card Fair organised by the Cathedral Bookstore on 9th November 2018 at the Li Hall.

• To commemorate World AIDS Day (1st December), on 2nd December, a World AIDS Sunday Service prepared by LEC was broadcasted by RTHK 4 (97.6FM, 11:05am – 12:00 noon). The Service reached between 10,000 and 15,000 audience.

• On 9th December 2018, LEC joined the International Volunteer Day presented by Agency for Volunteer Service (AVS) and thanked all volunteers who had kindly supported our programmes.

## Conclusion

We feel blessed and most thankful for the opportunity to serve the community. LEC could not have done all the things reported above without the committed support of its Board, staff, volunteers, interns and the generous support of St John's Cathedral. To them, we are indebted.

As a new ministry, LEC counts on your continued support and kind assistance. Together, we can make a change to our community.

Elijah T. Fung, Centre Manager

The Life Enrichment Centre was formally launched in November 2018. Activities before its formal launch were held under the auspices of the HIV Education Centre. As the LEC continues to develop and grow its ministry, activities will be refined and developed in accordance to our mission and the needs of our ministry and our community.